SECTION F: PREFERENCES FOR CUSTOMARY ROUTINE AND ACTIVITIES

Intent: The intent of items in this section is to obtain information regarding the resident's preferences for *their* daily routine and activities. This is best accomplished when the information is obtained directly from the resident or through family or significant other, or staff interviews if the resident cannot report preferences. The information obtained during this interview is just a portion of the assessment. Nursing homes should use this as a guide to create an individualized plan based on the resident's preferences and is not meant to be all-inclusive.

F0300: Should Interview for Daily and Activity Preferences Be Conducted?

F0300. Should Interview for Daily and Activity Preferences be Conducted? - Attempt to interview all residents able to communicate. If resident is unable to complete, attempt to complete interview with family member or significant other

Enter Code	
☐	0. **No** (resident is rarely/never understood and family/significant other not available) → Skip to and complete F0800, Staff Assessment of Daily and Activity Preferences 1. **Yes** → Continue to F0400, Interview for Daily Preferences

Item Rationale

Health-related Quality of Life

- Most residents capable of communicating can answer questions about what they like.
- Obtaining information about preferences directly from the resident, sometimes called "hearing the resident's voice," is the most reliable and accurate way of identifying preferences.
- If a resident cannot communicate, then family or significant other who knows the resident well may be able to provide useful information about preferences.

Planning for Care

- Quality of life can be greatly enhanced when care respects the resident's choice regarding anything that is important to the resident.
- Interviews allow the resident's voice to be reflected in the care plan.
- Information about preferences that comes directly from the resident provides specific information for individualized daily care and activity planning.

Steps for Assessment

1. Interact with the resident using *their* preferred language. Be sure *they* can hear you and/or has access to *their* preferred method for communication. If the resident appears unable to communicate, offer alternatives such as writing, pointing, sign language, or cue cards.
2. *There may be times when, due to medical or psychiatric conditions, a resident has difficulty communicating and understanding. When conducting resident interviews, providers are to assess and use their clinical judgment to determine the best time in which to attempt to conduct the resident interview. Providers are to attempt to conduct the interview with all conscious residents.*

Draft

F0300: Should Interview for Daily and Activity Preferences Be Conducted? (cont.)

The determination as to whether or not a resident interview is conducted is not based on the response to item B0700, Makes Self Understood. Instead, the resident interview is attempted, and is only terminated based on the response or lack of response to the resident interview questions/statements according to the coding instructions provided for the interview which would render the interview incomplete.

3. If *the* resident is *unable to complete the resident interview, attempt to conduct the interview with* a family member or significant other*. If neither a family member nor significant other* is available, skip to item F0800, Staff Assessment of Daily and Activity Preferences.
4. Conduct the interview during the observation period.
5. Review Language item (A11*I*0) to determine whether or not the resident needs or wants an interpreter.
   - If the resident needs or wants an interpreter, complete the interview with an interpreter.

Coding Instructions

- **Code 0, no:** if the interview should not be conducted with the resident. This option should be selected for residents who are rarely/never understood, who need an interpreter but one was not available, and who do not have a family member or significant other available for interview. Skip to F0800, (Staff Assessment of Daily and Activity Preferences).
- **Code 1, yes:** if the resident interview should be conducted. This option should be selected for residents who are able to be understood, for whom an interpreter is not needed or is present, or who have a family member or significant other available for interview. Continue to F0400 (Interview for Daily Preferences) and F0500 (Interview for Activity Preferences).

Coding Tips and Special Populations

- If the resident needs an interpreter, every effort should be made to have an interpreter present for the MDS clinical interview. If it is not possible for a needed interpreter to be present on the day of the interview, **and** a family member or significant other is not available for interview, **code F0300 = 0** to indicate interview not attempted, and complete the Staff Assessment of Daily and Activity Preferences (F0800) instead of the interview with the resident (F0400 and F0500).
- If the resident interview was not conducted within the look-back period of the ARD, item F0300 must be coded 1, Yes, and the standard "no information" code (a dash "-") entered in the resident interview items.
- Do not complete the Staff Assessment of Daily and Activity Preferences items (F0700–F0800) if the resident interview should have been conducted, but was not done.

F0400: Interview for Daily Preferences

F0400. Interview for Daily Preferences		
Show resident the response options and say: "*While you are in this facility...*"		
	↓ Enter Codes in Boxes	
Coding: 1. Very important 2. Somewhat important 3. Not very important 4. Not important at all 5. Important, but can't do or no choice 9. No response or non-responsive	☐	A. how important is it to you to **choose what clothes to wear?**
	☐	B. how important is it to you to **take care of your personal belongings or things?**
	☐	C. how important is it to you to **choose between a tub bath, shower, bed bath, or sponge bath?**
	☐	D. how important is it to you to **have snacks available between meals?**
	☐	E. how important is it to you to **choose your own bedtime?**
	☐	F. how important is it to you to **have your family or a close friend involved in discussions about your care?**
	☐	G. how important is it to you to **be able to use the phone in private?**
	☐	H. how important is it to you to **have a place to lock your things to keep them safe?**

Item Rationale

Health-related Quality of Life

- Individuals who live in nursing homes continue to have distinct lifestyle preferences.
- A lack of attention to lifestyle preferences can contribute to depressed mood and increased behavior symptoms.
- Resident responses that something is important but that they can't do it or have no choice can provide clues for understanding pain, perceived functional limitations, and perceived environmental barriers.

Planning for Care

- Care planning should be individualized and based on the resident's preferences.
- Care planning and care practices that are based on resident preferences can lead to
  - improved mood,
  - enhanced dignity, and
  - increased involvement in daily routines and activities.
- Incorporating resident preferences into care planning is a dynamic, collaborative process. Because residents may adjust their preferences in response to events and changes in status, the preference assessment tool is intended as a first step in an ongoing dialogue between care providers and the residents. Care plans should be updated as residents' preferences change, paying special attention to preferences that residents state are important.

Steps for Assessment: Interview Instructions

1. Interview any resident not screened out by the **Should Interview for Daily and Activity Preferences Be Conducted?** item (F0300).
2. Conduct the interview in a private setting.

Draft

F0400: Interview for Daily Preferences (cont.)

3. Sit so that the resident can see your face. Minimize glare by directing light sources away from the resident's face.
4. Be sure the resident can hear you.
   - Residents with hearing impairment should be interviewed using their usual communication devices/techniques, as applicable.
   - Try an external assistive device (headphones or hearing amplifier) if you have any doubt about hearing ability.
   - Minimize background noise.
5. Explain the reason for the interview before beginning.

   Suggested language: "I'd like to ask you a few questions about your daily routines. The reason I'm asking you these questions is that the staff here would like to know what's important to you. This helps us plan your care around your preferences so that you can have a comfortable stay with us. Even if you're only going to be here for a few days, we want to make your stay as personal as possible."
6. Explain the interview response choices. While explaining, also show the resident a clearly written list of the response options, for example a cue card**.**

   Suggested language: "I am going to ask you how important various activities and routines are to you **while you are in this home.** I will ask you to answer using the choices you see on this card [read the answers while pointing to cue card]: 'Very Important,' 'Somewhat important,' 'Not very important,' 'Not important at all,' or 'Important, but can't do or no choice.'"

   Explain the "Important, but can't do or no choice" response option.

   Suggested language: "Let me explain the 'Important, but can't do or no choice' answer. You can select this answer if something would be important to you, but because of your health or because of what's available in this nursing home, you might not be able to do it. So, if I ask you about something that is important to you, but you don't think you're able to do it now, answer 'Important, but can't do or no choice.' If you choose this option, it will help us to think about ways we might be able to help you do those things."
7. Residents may respond to questions
   - verbally,
   - by pointing to their answers on the cue card, <u>OR</u>
   - by writing out their answers.
8. If resident cannot report preferences, then interview family or significant others.

Draft

F0400: Interview for Daily Preferences (cont.)

Coding Instructions

- **Code 1, very important:** if resident, family, or significant other indicates that the topic is "very important."
- **Code 2, somewhat important:** if resident, family, or significant other indicates that the topic is "somewhat important."
- **Code 3, not very important:** if resident, family, or significant other indicates that the topic is "not very important."

DEFINITION

NONSENSICAL RESPONSE
Any unrelated, incomprehensible, or incoherent response that is not informative with respect to the item being rated.

- **Code 4, not important at all:** if resident, family, or significant other indicates that the topic is "not important at all."
- **Code 5, important, but can't do or no choice:** if resident, family, or significant other indicates that the topic is "important," but that *they are* physically unable to participate, or *have* no choice about participating while staying in nursing home because of nursing home resources or scheduling.
- **Code 9, no response or non-responsive:**
  - If resident, family, or significant other refuses to answer or says *they* do not know.
  - If resident does not give an answer to the question for several seconds and does not appear to be formulating an answer.
  - If resident provides an incoherent or nonsensical answer that does not correspond to the question.

Coding Tips and Special Populations

- The interview is considered incomplete if the resident gives nonsensical responses or fails to respond to 3 or more of the 16 items in F0400 and F0500. If the interview is stopped because it is considered incomplete, *and there is no family member or significant other to assist in completing the interview,* fill the remaining F0400 and F0500 items with a 9 and proceed to F0600, Daily Activity Preferences Primary Respondent.
- *The resident, family member or significant other* is being asked about current preferences while in the nursing home but is not limited to a 7-day period to convey what *these* preferences are.
- The facility is still obligated to complete the interview within the *observation* period.

Draft

F0400: Interview for Daily Preferences (cont.)

Interviewing Tips and Techniques

- Sometimes respondents give long or indirect answers to interview items. To narrow the answer to the response choices available, it can be useful to summarize their longer answer and then ask them which response option best applies. This is known as echoing.
- For these questions, it is appropriate to explore resident*, family and/or significant other's* answers and try to understand the reason.

Examples for F0400A, How Important Is It to You to Choose What Clothes to Wear (including hospital gowns or other garments provided by the facility)?

1. Resident answers, "It's very important. I've always paid attention to my appearance."

   Coding: F0400A would be **coded 1, very important**.

2. Resident replies, "I leave that up to the nurse. You have to wear what you can handle if you have a stiff leg."

   Interviewer echoes, "You leave it up to the nurses. Would you say that, while you are here, choosing what clothes to wear is [pointing to cue card] very important, somewhat important, not very important, not important at all, or that it's important, but you can't do it because of your leg?"

   Resident responds, "Well, it would be important to me, but I just can't do it."

   Coding: F0400A would be **coded 5, important, but can't do or no choice.**

Examples for F0400B, How Important Is It to You to Take Care of Your Personal Belongings or Things?

1. Resident answers, "It's somewhat important. I'm not a perfectionist, but I don't want to have to look for things."

   Coding: F0400B would be **coded 2, somewhat important**.

2. Resident answers, "All my important things are at home."

   Interviewer clarifies, "Your most important things are at home. Do you have any other things while you're here that you think are important to take care of yourself?"

   Resident responds, "Well, my son brought me this CD player so that I can listen to music. It is very important to me to take care of that."

   Coding: F0400B would be **coded 1, very important.**

DEFINITION

PERSONAL BELONGINGS OR THINGS
Possessions such as eyeglasses, hearing aids, clothing, jewelry, books, toiletries, knickknacks, pictures.

Draft

F0400: Interview for Daily Preferences (cont.)

Examples for F0400C, How Important Is It to You to Choose between a Tub Bath, Shower, Bed Bath, or Sponge Bath?

1. Resident answers, "I like showers."

   Interviewer clarifies, "You like showers. Would you say that choosing a shower instead of other types of bathing is very important, somewhat important, not very important, not important at all, or that it's important, but you can't do it or have no choice?"

   The resident responds, "It's very important."

   Coding: F0400C would be **coded 1, very important.**

2. Resident answers, "I don't have a choice. I like only sponge baths, but I have to take shower two times a week."

   The interviewer says, "So how important is it to you to be able to choose to have a sponge bath while you're here?"

   The resident responds, "Well, it is very important, but I don't always have a choice because that's the rule."

   Coding: F0400C would be **coded 5, important, but can't do or no choice.**

Example for F0400D, How Important Is It to You to Have Snacks Available between Meals?

1. Resident answers, "I'm a diabetic, so it's very important that I get snacks."

   Coding: F0400D would be **coded 1, very important.**

Draft

F0400: Interview for Daily Preferences (cont.)

Example for F0400E, How Important Is It to You to Choose Your Own Bedtime?

1. Resident answers, "At home I used to stay up and watch TV. But here I'm usually in bed by 8. That's because they get me up so early."

   Interviewer echoes and clarifies, "You used to stay up later, but now you go to bed before 8 because you get up so early. Would you say it's [pointing to cue card] very important, somewhat important, not very important, not important at all, or that it's important, but you don't have a choice about your bedtime?"

   Resident responds, "I guess it would be important, but I can't do it because they wake me up so early in the morning for therapy and by 8 o'clock at night, I'm tired."

   Coding: F0400E would be **coded 5, important, but can't do or no choice**.

Example for F0400F, How Important Is It to You to Have Your Family or a Close Friend Involved in Discussions about Your Care?

1. Resident responds, "They're not involved. They live in the city. They've got to take care of their own families."

   Interviewer replies, "You said that your family and close friends aren't involved right now. When you think about what you would prefer, would you say that it's very important, somewhat important, not very important, not important at all, or that it is important but you have no choice or can't have them involved in decisions about your care?"

   Resident responds, "It's somewhat important."

   Coding: F0400F would be **coded 2, somewhat important**.

Example for F0400G, How Important Is It to You to Be Able to Use the Phone in Private?

1. Resident answers "That's not a problem for me, because I have my own room. If I want to make a phone call, I just shut the door."

   Interviewer echoes and clarifies, "So, you can shut your door to make a phone call. If you had to rate how important it is to be able to use the phone in private, would you say it's very important, somewhat important, not very important, or not important at all?"

   Resident responds, "Oh, it's very important."

   Coding: F0400G would be **coded 1, very important**.

> **DEFINITION**
>
> **PRIVATE TELEPHONE CONVERSATION**
>
> A telephone conversation on which no one can listen in, other than the resident.

Draft

F0400: Interview for Daily Preferences (cont.)

Example for F0400H, How Important Is It to You to Have a Place to Lock Your Things to Keep Them Safe?

1. Resident answers, "I have a safe deposit box at my bank, and that's where I keep family heirlooms and personal documents."

   Interviewer says, "That sounds like a good service. While you are staying here, how important is it to you to have a drawer or locker here?"

   Resident responds, "It's not very important. I'm fine with keeping all my valuables at the bank."

   Coding: F0400H would be **coded 3, not very important.**

F0500: Interview for Activity Preferences

F0500. Interview for Activity Preferences		
Show resident the response options and say: ***"While you are in this facility..."***		
	↓ Enter Codes in Boxes	
Coding: 1. Very important 2. Somewhat important 3. Not very important 4. Not important at all 5. Important, but can't do or no choice 9. No response or non-responsive	☐	*A. how important is it to you to **have books, newspapers, and magazines to read?***
	☐	*B. how important is it to you to **listen to music you like?***
	☐	*C. how important is it to you to **be around animals such as pets?***
	☐	*D. how important is it to you to **keep up with the news?***
	☐	*E. how important is it to you to **do things with groups of people?***
	☐	*F. how important is it to you to **do your favorite activities?***
	☐	*G. how important is it to you to **go outside to get fresh air when the weather is good?***
	☐	*H. how important is it to you to **participate in religious services or practices?***

Item Rationale

Health-related Quality of Life

- Activities are a way for individuals to establish meaning in their lives, and the need for enjoyable activities and pastimes does not change on admission to a nursing home.
- A lack of opportunity to engage in meaningful and enjoyable activities can result in boredom, depression, and behavior disturbances.
- Individuals vary in the activities they prefer, reflecting unique personalities, past interests, perceived environmental constraints, religious and cultural background, and changing physical and mental abilities.

Draft

F0500: Interview for Activity Preferences (cont.)

Planning for Care

- These questions will be useful for designing individualized care plans that facilitate residents' participation in activities they find meaningful.
- Preferences may change over time and extend beyond those included here. Therefore, the assessment of activity preferences is intended as a first step in an ongoing informal dialogue between the care provider and resident.
- As with daily routines, responses may provide insights into perceived functional, emotional, and sensory support needs.

Coding Instructions

- **See Coding Instructions on page F-4.**
  Coding approach is identical to that for daily preferences.

Coding Tips and Special Populations

- **See Coding Tips on page F-5.**
  Coding tips include those for daily preferences.
- Include Braille and or audio recorded material when coding items in F0500A.

Interviewing Tips and Techniques

- **See Interview Tips and Techniques on page F-5.**
  Coding tips and techniques are identical to those for daily preferences.

DEFINITIONS

READ
Script, Braille, or audio recorded written material.

NEWS
News about local, state, national, or international current events.

KEEP UP WITH THE NEWS
Stay informed by reading, watching, or listening.

NEWSPAPERS AND MAGAZINES
Any type, such as journalistic, professional, and trade publications in script, Braille, or audio recorded format.

Draft

F0500: Interview for Activity Preferences (cont.)

Examples for F0500A, How Important Is It to You to Have Books (Including Braille and Audio-recorded Format), Newspapers, and Magazines to Read?

1. Resident answers, "Reading is very important to me."

   Coding: F0500A would be **coded 1, very important**.

2. Resident answers, "They make the print so small these days. I guess they are just trying to save money."

   Interviewer replies, "The print is small. Would you say that having books, newspapers, and magazines to read is very important, somewhat important, not very important, not important at all, or that it is important but you can't do it because the print is so small?"

   Resident answers: "It would be important, but I can't do it because of the print."

   Coding: F0500A would be **coded 5, important, but can't do or no choice.**

Example for F0500B, How Important Is It to You to Listen to Music You Like?

1. Resident answers, "It's not important, because all we have in here is TV. They keep it blaring all day long."

   Interviewer echoes, "You've told me it's not important because all you have is a TV. Would you say it's not very important or not important at all to you to listen to music you like while you are here? Or are you saying that it's important, but you can't do it because you don't have a radio or CD player?"

   Resident responds, "Yeah. I'd enjoy listening to some jazz if I could get a radio."

   Coding: F0500B would be **coded 5, important, but can't do or no choice.**

Examples for F0500C, How Important Is It to You to Be Around Animals Such as Pets?

1. Resident answers, "It's very important for me NOT to be around animals. You get hair all around and I might inhale it."

   Coding: F0500C would be **coded 4, not important at all.**

2. Resident answers, "I'd love to go home and be around my own animals. I've taken care of them for years and they really need me."

   Interviewer probes, "You said you'd love to be at home with your own animals. How important is it to you to be around pets while you're staying here? Would you say it is [points to card] very important, somewhat important, not very important, not important at all, or is it important, but you can't do it or don't have a choice about it."

   Resident responds, "Well, it's important to me to be around my own dogs, but I can't be around them. I'd say important but can't do."

   Coding: F0500C would be **coded 5, Important, but can't do or no choice.**

   Rationale: Although the resident has access to therapeutic dogs brought to the nursing home, *they* do not have access to the type of pet that is important to *them*.

Draft

F0500: Interview for Activity Preferences (cont.)

Example for F0500D, How Important Is It to You to Keep Up with the News?

1. Resident answers, "Well, they are all so liberal these days, but it's important to hear what they are up to."

   Interviewer clarifies, "You think it is important to hear the news. Would you say it is [points to card] very important, somewhat important, or it's important but you can't do it or have no choice?"

   Resident responds, "I guess you can mark me somewhat important on that one."

   Coding: F0500D would be **coded 2, somewhat important.**

Example for F0500E, How Important Is It to You to Do Things with Groups of People?

1. Resident answers, "I've never really liked groups of people. They make me nervous."

   Interviewer echoes and clarifies, "You've never liked groups. To help us plan your activities, would you say that while you're here, doing things with groups of people is very important, somewhat important, not very important, not important at all, or would it be important to you but you can't do it because you feel nervous about it?"

   Resident responds, "At this point I'd say it's not very important."

   Coding: F0500E would be **coded 3, not very important.**

Examples for F0500F, How Important Is It to You to Do Your Favorite Activities?

1. Resident answers, "Well, it's very important, but I can't really do my favorite activities while I'm here. At home, I used to like to play board games, but you need people to play and make it interesting. I also like to sketch, but I don't have the supplies I need to do that here. I'd say important but no choice."

   Coding: F0500F would be **coded 5, important, but can't do or no choice.**

2. Resident answers, "I like to play bridge with my bridge club."

   Interviewer probes, "Oh, you like to play bridge with your bridge club. How important is it to you to play bridge while you are here in the nursing home?"

   Resident responds, "Well, I'm just here for a few weeks to finish my rehabilitation. It's not very important."

   Coding: F0500F would be **coded 3, not very important**.

Draft

F0500: Interview for Activity Preferences (cont.)

Example for F0500G, How Important Is It to You to Go Outside to Get Fresh Air When the Weather Is Good (Includes Less Temperate Weather if Resident Has Appropriate Clothing)?

1. Resident answers, "They have such a nice garden here. It's very important to me to go out there."

   Coding: F0500G would be **coded 1, very important.**

Examples for F0500H, How Important Is It to You to Participate in Religious Services or Practices?

1. Resident answers, "I'm Jewish. I'm Orthodox, but they have Reform services here. So I guess it's not important."

   Interviewer clarifies, "You're Orthodox, but the services offered here are Reform. While you are here, how important would it be to you to be able to participate in religious services? Would you say it is very important, somewhat important, not very important, not important at all, or would it be important to you but you can't or have no choice because they don't offer Orthodox services."

   Resident responds, "It's important for me to go to Orthodox services if they were offered, but they aren't. So, can't do or no choice."

   Coding: F0500I would be **coded 5, important, but can't do or no choice.**

2. Resident answers "My pastor sends taped services to me that I listen to in my room on Sundays. I don't participate in the services here."

   Interviewer probes, "You said your pastor sends you taped services. Would you say that it is very important, somewhat important, not very important, or not important at all, to you that you are able to listen to those tapes from your pastor?"

   Resident responds, "Oh, that's very important."

   Coding: F0500I would be **coded 1, very important**.

DEFINITIONS

OUTSIDE
Any outdoor area in the proximity of the facility, including patio, porch, balcony, sidewalk, courtyard, or garden.

PARTICIPATE IN RELIGIOUS SERVICES
Any means of taking part in religious services or practices, such as listening to services on the radio or television, attending services in the facility or in the community, or private prayer or religious study.

RELIGIOUS PRACTICES
Rituals associated with various religious traditions or faiths, such as washing rituals in preparation for prayer, following kosher dietary laws, honoring holidays and religious festivals, and participating in communion or confession.

F0600: Daily and Activity Preferences Primary Respondent

F0600. Daily and Activity Preferences Primary Respondent	
Enter Code ☐	**Indicate primary respondent** for Daily and Activity Preferences (F0400 and F0500) 1. **Resident** 2. **Family or significant other** (close friend or other representative) 9. **Interview could not be completed** by resident or family/significant other ("No response" to 3 or more items")

Item Rationale

- This item establishes the source of the information regarding the resident's preferences.

Coding Instructions

- **Code 1, resident:** if resident was the primary source for the preference questions in F0400 and F0500.
- **Code 2, family or significant other:** if a family member or significant other was the primary source of information for F0400 and F0500.
- **Code 9, interview could not be completed:** if F0400 and F0500 could not be completed by the resident, a family member, or a representative of the resident.

F0700: Should the Staff Assessment of Daily and Activity Preferences Be Conducted?

F0700. Should the Staff Assessment of Daily and Activity Preferences be Conducted?	
Enter Code ☐	0. **No** (because Interview for Daily and Activity Preferences (F0400 and F0500) was completed by resident or family/significant other) → Skip to and complete GG0100, Prior Functioning: Everyday Activities 1. **Yes** (because 3 or more items in Interview for Daily and Activity Preferences (F0400 and F0500) were not completed by resident or family/significant other) → Continue to F0800, Staff Assessment of Daily and Activity Preferences

Item Rationale

Health-related Quality of Life

- Resident interview is preferred as it most accurately reflects what the resident views as important. However, a small percentage of residents are unable or unwilling to complete the interview for Daily and Activity Preferences.
- Persons unable to complete the preference interview should still have preferences evaluated and considered.

Planning for Care

- Even though the resident was unable to complete the interview, important insights may be gained from the responses that were obtained, observing behaviors, and observing the resident's affect during the interview.

Steps for Assessment

1. Review resident, family, or significant other responses to F0400A-H and F0500A-H.

F0700: Should the Staff Assessment of Daily and Activity Preferences Be Conducted? (cont.)

Coding Instructions

- **Code 0, no:** if **Interview for Daily and Activity Preferences** items (F0400 and F0500) was completed by resident, family or significant other. Skip to Section G, Functional Status.
- **Code 1, yes:** if **Interview for Daily and Activity Preferences** items (F0400 through F0500) were not completed because the resident, family, or significant other was unable to answer 3 or more items (i.e. 3 or more items in F0400 through F0500 were coded as **9 or "-"**).

Coding Tips and Special Populations

- If the total number of unanswered questions in F0400 through F0500 is equal to 3 or more, the interview is considered incomplete.

F0800: Staff Assessment of Daily and Activity Preferences

F0800. Staff Assessment of Daily and Activity Preferences	
Do not conduct if Interview for Daily and Activity Preferences (F0400-F0500) was completed	
Resident Prefers:	
↓ Check all that apply	
☐	A. Choosing clothes to wear
☐	B. Caring for personal belongings
☐	C. Receiving tub bath
☐	D. Receiving shower
☐	E. Receiving bed bath
☐	F. Receiving sponge bath
☐	G. Snacks between meals
☐	H. Staying up past 8:00 p.m.
☐	I. Family or significant other involvement in care discussions
☐	J. Use of phone in private
☐	K. Place to lock personal belongings
☐	L. Reading books, newspapers, or magazines
☐	M. Listening to music
☐	N. Being around animals such as pets
☐	O. Keeping up with the news
☐	P. Doing things with groups of people
☐	Q. Participating in favorite activities
☐	R. Spending time away from the nursing home
☐	S. Spending time outdoors
☐	T. Participating in religious activities or practices
☐	Z. None of the above

Draft

F0800: Staff Assessment of Daily and Activity Preferences (cont.)

Item Rationale

Health-related Quality of Life

- Alternate means of assessing daily preferences must be used for residents who cannot communicate. This ensures that information about their preferences is not overlooked.
- Activities allow residents to establish meaning in their lives. A lack of meaningful and enjoyable activities can result in boredom, depression, and behavioral symptoms.

Planning for Care

- Caregiving staff should use observations of resident behaviors to understand resident likes and dislikes in cases where the resident, family, or significant other cannot report the resident's preferences. This allows care plans to be individualized to each resident.

Steps for Assessment

1. Observe the resident when the care, routines, and activities specified in these items are made available to the resident.
2. Observations should be made by staff across all shifts and departments and others with close contact with the resident.
3. If the resident appears happy or content (e.g., is involved, pays attention, smiles) during an activity listed in **Staff Assessment of Daily and Activity Preferences** item (F0800), then that item should be checked.

   If the resident seems to resist or withdraw when these are made available, then do not check that item.

Coding Instructions

Check all that apply in the last 7 days based on staff observation of resident preferences.

- **F0800A.** Choosing clothes to wear
- **F0800B.** Caring for personal belongings
- **F0800C.** Receiving tub bath
- **F0800D.** Receiving shower
- **F0800E.** Receiving bed bath
- **F0800F.** Receiving sponge bath
- **F0800G.** Snacks between meals
- **F0800H.** Staying up past 8:00 p.m.
- **F0800I.** Family or significant other involvement in care discussions
- **F0800J.** Use of phone in private
- **F0800K.** Place to lock personal belongings

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F0800: Staff Assessment of Daily and Activity Preferences (cont.)

- **F0800L.** Reading books, newspapers, or magazines
- **F0800M.** Listening to music
- **F0800N.** Being around animals such as pets
- **F0800O.** Keeping up with the news
- **F0800P.** Doing things with groups of people
- **F0800Q.** Participating in favorite activities
- **F0800R.** Spending time away from the nursing home
- **F0800S.** Spending time outdoors
- **F0800T.** Participating in religious activities or practices
- **F0800Z.** None of the above

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